

# Looking for a Healthier Lifestyle?

## New Preventive Benefits from Medicare



Living a healthy lifestyle is important and Medicare wants to help you stay healthy. People with Medicare can start taking advantage of the following new preventive services:

- Cardiovascular Screenings
- Diabetes Screening
- A one-time "Welcome to Medicare" physical exam

For more information, call your Indian Health Provider or 1-800-MEDICARE (1-800-633-4227). You can call 1-800-MEDICARE 24 hours a day, seven days a week to answer your Medicare questions. TTY users should call 1-877-486-2048. Information is also available at [www.medicare.gov](http://www.medicare.gov) on the web.

## Call your Indian Health Provider or 1-800-MEDICARE today!

Brought to you by the U.S. Department of Health and Human Services.



# New Preventive Benefits from Medicare

Living a healthy lifestyle is important and Medicare wants to help you stay healthy. People with Medicare can start taking advantage of the following new preventive services:

- Cardiovascular Screenings
- Diabetes Screening
- A one-time "Welcome to Medicare" physical exam

For more information , call your Indian Health Provider or 1-800-MEDICARE (1-800-633-4227). You can call 1-800-MEDICARE 24 hours a day, seven days a week to answer your Medicare questions. TTY users should call 1-877-486-2048. Information is also available at [www.medicare.gov](http://www.medicare.gov) on the web.

**Call your Indian Health Provider  
or 1-800-MEDICARE today!**

Brought to you by the U.S. Department of Health and Human Services.

